



ज्ञान-विज्ञान विमुक्तये

आचार्य मनिष र. जोशी  
सचिव

**Prof. Manish R. Joshi**  
Secretary



सत्यमेव जयते

75  
आज़ादी का  
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग  
**University Grants Commission**

(शिक्षा मंत्रालय, भारत सरकार)  
(Ministry of Education, Govt. of India)

F.No. 8-8/2025(ARC-MISC-Saha/AP)

13 माघ, 1947 / February 2, 2026

**Subject: Extension of Timeline – Circulation of UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions – Inviting Comments from Stakeholders.**

आदरणीय महोदया/महोदय,

In continuation of this Commission's earlier communication dated 13th January 2026 regarding circulation of the "UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions," it is hereby informed that the timeline for submission of comments/suggestions from stakeholders has been extended up to 28th February 2026.

The guidelines remain available on the UGC website: [www.ugc.gov.in](http://www.ugc.gov.in).

You are requested to kindly:

- Disseminate this information widely within your institution.
- Direct all colleges under your ambit to circulate the guidelines among their students, faculty, and staff for obtaining suggestions.
- Encourage all stakeholders to send their comments/suggestions by email to Dr. Sunita Siwach, Joint Secretary, UGC at [ssiwach.ugc@nic.in](mailto:ssiwach.ugc@nic.in) on or before 28th February 2026.

Your cooperation in facilitating this consultative process will greatly contribute to strengthening the framework for mental health and well-being in higher education institutions across the country.

सादर,

भवदीय,

(मनिष जोशी)

सेवा में,

1. सभी विश्वविद्यालयों के कुलपति
2. सभी राष्ट्रीय महत्व के संस्थानों (आईआईटी, आईआईएम आदि) के निदेशक